



PRINCE ACADEMY

OF HIGHER EDUCATION

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BOARD SAMPLE PAPER (2023-24)

CLASS - XII

Time : 03 : 00 Hours

SUBJECT - PSYCHOLOGY (037)

MM : 70

General instructions

All questions are compulsory except where internal choice has been given.

Question Nos. 1 -15 in Section A carry 1 mark each. You are expected to answer them as directed.

Question Nos. 16-21 in Section B are very short answer type-I questions carrying 2 marks each. Answer to each question should not exceed 30 words.

Question Nos. 22-24 in Section C are short answer type-II questions carrying 3 marks each. Answer to each question should not exceed 60 words.

Question Nos. 25 - 28 in Section D are long answer type - I questions carrying 4 marks each. Answer to each question should not exceed 120 words.

Question Nos. 29-30 in Section E are long answer type - II questions carrying 6 marks each. Answer to each question should not exceed 200 words.

Question Nos. 31 – 34 in Section F are based on two cases given. Answer to each 1 mark question should not exceed 20 words. Answer to each 2 marks question should not exceed 30 words.

SECTION - A

- Which of the following stages of group formation is characterized by intragroup conflict?
(a) Norming (b) Storming (c) Forming (d) Adjourning
- Which of the following is the correct order for stages of group formation ?
(a) Forming, storming, norming, performing, adjourning
(b) Forming, norming, performing, storming, adjourning
(c) Norming, forming, storming, performing, adjourning
(d) Storming, norming, forming, performing, adjourning
- _____ is the term used to describe the level of stress that is good for a person as it enhances performance.
(a) Distress (b) Eustress (c) Social Stress (d) Strain
- Which of the following statements best describes the “Cohesiveness” element of group structure ?
(a) It includes the socially defined expectations that individuals in a given situation are expected to fulfill.
(b) It refers to the togetherness, binding or mutual attraction among group members.
(c) It represent shared ways of viewing the world
(d) It refers to the relative social position given to group members by others.
- Which of the following are significant features of an attitude?
(i) Valence (ii) Centrality (iii) Extremeness (iv) Simplicity
(a) Both (i) & (iii) (b) (i), (ii) and (iii)
(c) (ii), (iii) & (iv) (d) All of the above

6. Which of the following factors influence attitude formation ?
- (i) Family and school environment (ii) Media- related influences
 (iii) Personal experiences (iv) Reference groups
 (a) (i), (ii) & (iii) (b) (i), (ii) and (iv)
 (c) Both (i) & (iii) (d) All of the above
7. Who proposed the two step concept?
- (a) Fritz Heider (b) Leon Festinger
 (c) S.M. Mohsin (d) Muzafer Sherif
8. Who proposed the concept of balance described in the form of P-O-X triangle?
- (a) Fritz Heider (b) Leon Festinger
 (c) S.M. Mohsin (d) Muzafer Sherif
9. Which of the following types of therapies is not a part of the process of rehabilitation?
- (a) Occupational therapy (b) Vocational therapy
 (c) Existential therapy (d) Social skills training
10. Which type of therapy is Electro-convulsive therapy?
- (a) Existential therapy (b) Biomedical therapy
 (c) Cognitive therapy (d) Psychodynamic therapy
11. _____ is an exceptional general ability shown in superior performance in a wide variety of areas.
- (a) Talent (b) Intelligence (c) Creativity (d) Giftedness
12. Which of the following is / are the unique property/ properties of a therapeutic relationship?
- (i) Unconditional Positive regard (ii) Empathy
 (iii) Confidentiality (iv) Genuineness
 (a) Both (i) & (ii) (b) Both (ii) and (iii)
 (c) (i), (ii) & (iii) (d) All of the above
13. Which of the following is not a negative symptom of schizophrenia?
- (a) Avolition (b) In appropriate affect
 (c) Blunted affect (d) Flat affect
14. A hierarchial model of intelligence consisting of abilities operating at two level was proposed by?
- (a) J.P. Guilford (b) Charles Spearman
 (c) Arthur Jensen (d) Howard Gardner
15. Which disorder describes the fear of entering unfamiliar situations.
- (a) Claustro-phobia (b) Separation anxiety disorder
 (c) Social phobia (d) Agora phobia

SECTION- B

16. What do you mean by client centred Therapy?
17. Discuss how attitudes are learnt through exposure to information?

OR

What is systematic desensitisation?

18. What is Vicarious learning ?
19. Define the concept of beliefs?

OR

Explain the term 'Conflict'?

20. What is an audience?
21. What is Social loafing?

OR

Neeru is such a smart girl, who requires very few command to fulfill her daily tasks, whether it is home or office. What are the two characteristics of her personality?

SECTION- C

22. What are the characteristics of a group?
23. How do groups influence our behaviour?

OR

Explain the effect of stress on psychological functioning?

24. What are the different features of attitude?

OR

Discuss the ethics of Psychotherapy?

SECTION-D

25. What are the ways of preventing suicide?
26. State symptoms of Autism?

OR

State symptoms of learning disability disorder.

27. How would the therapist formulate the problem of a client?

OR

Explain the knowledge base in PASS model of Intelligence.

28. What are the causes/sources of emergence of prejudice

OR

Explain Formal Group and Informal Group?

SECTION- E

29. What are the techniques used in the rehabilitation of the mentally ill? Explain the Alternative therapies?

OR

Write the basic characteristics of types of Intelligence tests on the basis of administration procedure.

30. Differentiate between primary and secondary group? What are the important elements of group structure?

OR

Anxiety has been called the “butterflies in the stomach feeling”. At what stage does anxiety become a disorder? Discuss its types?

SECTION - F

Read the case and answer the questions that follow.

Children with autism spectrum disorder experience profound difficulties in relating to other people. They are unable to initiate social behaviour and seem unresponsive to other people’s feelings. They are unable to share experiences or emotions with others. They also show serious abnormalities in communication and language that persist over time. Many of them never develop speech and those who do, have repetitive and deviant speech patterns. Such children often show narrow patterns of interests and repetitive behaviours such as lining up objects or stereotyped body movements such as rocking. These motor movements may be self-stimulatory such as hand flapping or self-injurious such as banging their head against the wall.

31. What difficulties children face in autism spectrum disorder ?
32. Describe some of the signs of self-stimulatory of child autism.

Read the case and answer the questions that follow.

Gary is a 19-year-old who withdrew from college after experiencing a manic episode during which he was brought to the attention of the Campus Police. He had changed his stream from engineering to philosophy. He spends his nights on phone, talking to his friends about life and reality. He had been convinced about the importance of his ideas, stating frequently that he was more learned and advanced than all his professors.

He also increased a number of high-risk behaviours—drinking and engaging in sexual relations in a way that was unlike his previous history. At the present time, he has returned home and has been placed on a mood stabiliser (after a period of time on an antipsychotic), and his psychiatrist is requesting adjunctive psychotherapy for his disorder. The patient’s parents are somewhat shocked by the diagnosis, but they acknowledge that Gary had early problems with anxiety during pre-adolescence, followed by some periods of withdrawal and depression during his adolescence. His parents are eager to be involved in treatment, if appropriate.

33. Identify the disorder with which Gary has been diagnosed.
34. What is Bipolar disorder ? Mention few symptoms of it.



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